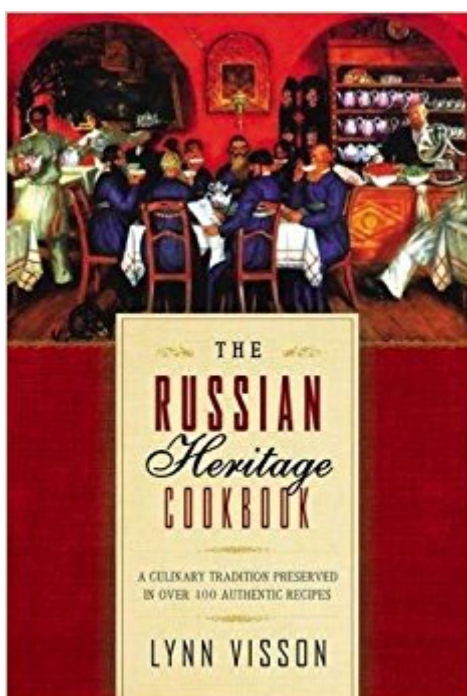


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The Russian Heritage Cookbook: A Culinary Heritage Preserved In 360 Authentic Recipes



Synopsis

Based on favourite family recipes and passed down through generations, this cookbook represents the restoration of a culinary heritage. The author brings together recipes for classics such as beef stroganoff and borscht, along with hundreds of others.

Book Information

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Customer Reviews

Among the many victims of communism in Russia was authentic Russian cooking. Deprivations and food shortages kept an ancient and elaborate cuisine from modernizing and flourishing. Visson, whose first edition of *The Russian Heritage Cookbook* relied on recipes brought west by emigres, has now brought together recipes from contemporary Russians still residing in the motherland. Those who relish borscht will discover multiple regional and ethnic variations of Russia's ubiquitous beet soup. Zakuski, Russia's response to Sweden's smorgasbord, offers a vast array of nibbles suitable for any party, not just Russian-themed ones, either. Among the desserts is a clever "Russian salad" cake whose many bits of chopped fruits resemble that classic vegetable salad.

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"Much more than a collection of recipes, it is also a serious study of the history of food in Russia and a tribute, name by name, to the best Russian cooks." "This cookbook is a unique and wonderful document." ("Vogue") "Much more than a collection of recipes . . . a serious study of the history of food in Russia and a tribute to the best Russian cooks." ("Chicago Tribune") A Much more than a collection of recipes . . . a serious study of the history of food in Russia and a tribute to the best

Russian cooks. A "Chicago Tribune" A unique and wonderful document. "Vogue" "Much more than a collection of recipes . . . a serious study of the history of food in Russia and a tribute to the best Russian cooks." "Chicago Tribune" "A unique and wonderful document." "Vogue"

I bought this book several years ago and tried two baking recipes back then: both of "pirog"- pie with a sweet (jam) filling. Both recipes were disappointing: the baked dough was hard, and the filling was overflowing. I really like the author herself, I have seen her on Russian American TV and was very excited to get this collection of precious home recipes (tested by decades!). Well... As I was reading the recipes that I did make, the proportions did not quite jive from the experience of baking in the US for several years; but I adhered to the recipe faithfully and was left with the disappointing product. Something is amiss. Now that it's been several years, I will try a cooking recipe - I so want to discover something GREAT in this book.

The recipes in this book are very easy to follow. I enjoy cooking the stuff in this book.

I like the book but it has so many recipys thgat we all know

easy to follow recipes.

I bought it for a gift for my daughter-in-law that is Russian. She seemed to like it very much. She was familiar with many of the recipes.

I haven't had a chance to cook from it but the recipes do look authentic. There are several recipes for brosch and I like how there is an explanation of the history of Russian cooking. I gave it four stars because it doesn't have pictures. Pictures would of been nice, at least a few.

Excellent book, and Lynn caught the Russian emigres in New York so wonderfully. Recommended.

Sent this to my niece when she moved into her new house. We are Russian Orthodox & she loves to cook ethnic dishes, so this was great for an American born & raised, 3rd generation from Russia, twenty-something cook with a new kitchen to learn to cook in!

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